D200, 3 on 3 Game With No Passing

Key Points:

This game demands that the puck carrier dangle and beat the opponents with dekes, fakes, change of pace, pivots while teammates screen, pick and go for rebounds.

Description:

1. Play a cross ice game of 2-2 to 5-5.

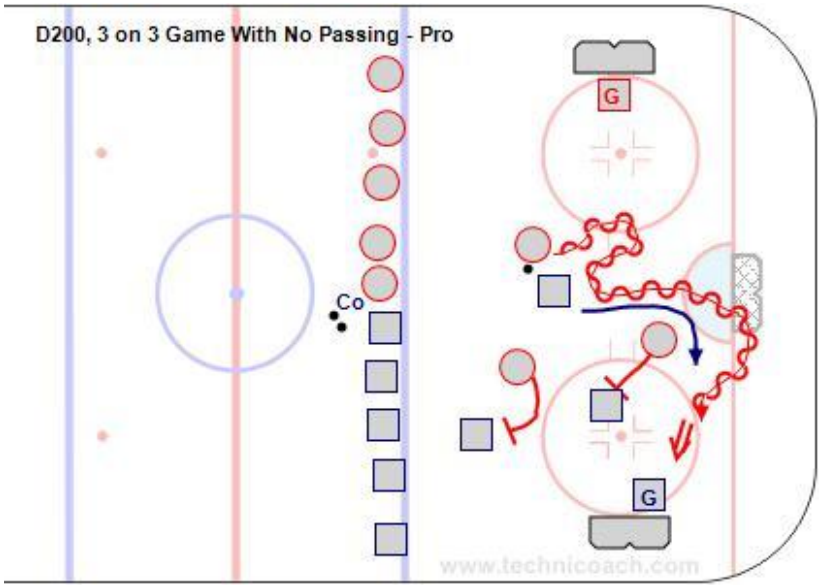
2. Extra players line up along the blue line.

3. Shifts 20-30" and pass to teammate coming on on the whistle.

4. Coach put in a new puck on a goal.

5. Rule is NO PASSING.

6. Line mates support by setting screens and picks and going for rebounds.

7. Keep score.

http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20121119180047556