

## D400 2-2 Passes from Behind Net - Sweden U20

### Key Points:

Always face the puck. Defender must see the puck and cover an attacker. Defender keep the stick on attacker when looking for the puck so you don't lose him. Tie up sticks on defense and keep the stick free on offense.

### Description:

1. Coach pass to player behind the net.
2. Two attackers are covered by two defenders in front of the net.
3. The coach will give them two passes to try and score.
4. Rotate from offense to defense.
5. Keep score.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20120131091959989>

<https://youtu.be/XMM4bxUlpY>

