

B6 - 2-0 x 2 Cross Pass x 2 - Finland U20

Key Points:

Attack with speed. Prepare to shoot by squaring up if on the off wing or give a target on the forehand. Shoot quickly with a 'one timer' or 'catch and release.' Always shoot hard.

Description:

1. Players start from the four corners.
2. Player 1 leave from diagonal corners and cut across to the 'Big Ice' between the dots.
3. Player 2 leave from diagonal corners and skate up the ice.
4. Player 1 pass to 2.
5. Player 2 skate to the 'Big Ice' and 1 takes the ice behind to the wide lane.
6. Player 2 pass to 1 for a wide entry into the offensive zone.
7. Players 1-2 attack with speed and play 'Poker' with the goalie and either pass or shoot.
8. Only one pass in the offensive zone and both players crash the net for a rebound.
9. Alternate leaving from both corners.

**This is an unopposed drill that can be enhanced by passing to the previous shooters.*

** After shooting skate to the blueline and defend 2-1 or 2-2.*

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=2&s=20180506120820644>

<https://youtu.be/1acEylHssWQ>

