



JUNE 28, 29, 30, JULY 1 2017
ATLANTIC COAST
CLUB DUALS

HIGH SCHOOL MIN. OF 7 DUALS

GRADES 8-12

2 DIVISIONS: COMMUNITY AND NATIONAL

Weights: 102, 109, 116, 123, 129, 135, 141, 148, 155, 163, 177, 190, 220, 285 Periods: 2:00-1:30-1:30 o.t.:30 s.v.:30

YOUTH MIN. OF 7 DUALS

GRADES 4-8

Weights: 65, 70, 75, 80, 85, 90, 96, 102, 110, 119, 129, 140, 152, 175, 200 Periods: 1:30-1:00-1:00 o.t.:30 s.v.:30

WOMEN'S

GRADES 7-12

Weights: 102, 109, 116, 123, 129, 135, 141, 148, 155, 163, 177 Periods: 1:30-1:30-1:30 o.t.:30 s.v.:30

FORMAT

Pool wrestling with a cross over championship

AWARDS

Team Championship, Individual Medals, Team MVP All American Honors

Accepting entries starting January 1, 2017. Entry deadline June 1st

Destination Event: wrestling and minutes from the Beach

📍 University of Rhode Island

🌐 www.aau-atlanticcoastwrestling.com