

B600 - Pass Across 2-0 x 2 - 3-0 - Pro W

Key Points:

The 2-0 attacks both nets and the 3-0 attack one end at a time. Follow the shot for a rebound and play until a goal or the puck is frozen by the goalie. Go hard to the net and pass and shoot while skating. Stop at the net and look for rebounds.

Description:

1. Start with a 2-0 x 2 and leave from diagonal blue lines.
2. Player A pass across to player C.
3. Player C pass to player B.
4. Attack 2-0 at each end and go after the rebound and score.
5. Stay to screen for the next attack with C-D.
6. Attack 3-0 in one direction.
7. A-B-C leave and A pass across to D.
8. D pass to B in the middle.
9. A-B-C attack 3-0 with a middle lane drive.
10. Follow the rebound and finish the attack.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=2&s=20170222100119574>

https://youtu.be/IYxPq5y_7Y

